Great Adventures Green Island Ocean Swim Sunday 20 October 2019



SWIMMERS TIMETABLE

8.30am	Depart Cairns on first Great Adventures vessel
9.15am	Arrive at Green Island
	 Please proceed directly to the beach for registration, near the lifeguard area.
9.20-9.40am	Registration on beach. Please hand in signed waiver at registration
9:40am	Course briefing
	Ranger / environmental briefing
	Warm up time optional
9.50am	Nippers Swim starts
10.00am: 3km	Ocean Swim starts.
10.03am: 1.5km and 500m	Start will be in two waves: 3km swimmers will start first, followed by the 1.5km swimmers and 500m swimmers.
	For safety procedures, all swimmers must check-in immediately after the swim, regardless of whether you complete your event.
11.45am*	Ocean Swim Presentations
	*Approx time – this will depend on swim times. Announcements will be made.

TIDE INFORMATION

Low Tide: 0538hr - 1.07 metres High Tide: 1523hr - 2.06 metres

RACE RESULTS

Results will be posted within 48 hours on the Quicksilver Group news site at <u>www.quicksilvergroup.com.au</u> or at Great Adventures Facebook page <u>www.facebook.com/GreatAdventuresCruises</u>

